

## John Kozlowski

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**From:** John Kozlowski <John@Kozlowski.org>  
**Sent:** Monday, May 5, 2014 4:25 PM  
**To:** 'Chris Bitterman'  
**Subject:** RE: FW: James 5:16

Chris,

Thanks for your reply. What you are not aware of is that for me this is a camel. Just over a year ago I had a mild heart attack and eating the wrong things brings on the return of heart failure symptoms. This is what I had last week. So it is not a gnat but life and death.

Respectfully,

*John Kozlowski*

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**From:** Chris Bitterman [mailto:[cbitterman@meadowviewpca.org](mailto:cbitterman@meadowviewpca.org)]

**Sent:** Monday, May 05, 2014 4:14 PM

**To:** John Kozlowski

**Subject:** Re: FW: James 5:16

That is not a problem John. I am on my way to a conference out of state and so am catching up with my email on the plane. Beware of straining out a gnat while swallowing a camel. Chris.

On May 3, 2014 11:30 AM, "John Kozlowski" <[John@kozlowski.org](mailto:John@kozlowski.org)> wrote:

Chris,

I wondered why I did not get a reply from my friend Chris Prince on this email. Then I noticed that it was sent to the wrong Chris. That should explain why the context might be a bit strange.

Respectfully,

*John Kozlowski*

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**From:** John Kozlowski [mailto:[John@Kozlowski.org](mailto:John@Kozlowski.org)]  
**Sent:** Friday, May 02, 2014 8:21 AM  
**To:** Chris Bitterman ([cbitterman@meadowviewpca.org](mailto:cbitterman@meadowviewpca.org))  
**Subject:** James 5:16

Chris,

James 5:16 states “*Therefore, confess your sins to one another and pray for one another, that you may be healed. The prayer of a righteous person has great power as it is working.*”

Even what we would consider as trivial still require confession. Wednesday night food was available and I ate what I knew I must highly moderate myself with. Then I did it again. I was a glutton. Thankfully the Lord granted me the strength and wisdom to refuse the tray of sandwiches to take with me and continue my gluttony. However, it was more than clear that my gluttony brought back heart failure symptom yesterday.

For me this is an area that is clear that I must not play with. I did what I wanted rather than what I should do. I knowingly sinned. I am paying a price, and if I continue I could pay a full price. I must cease from gluttony.

Please pray that I will be healed from my indiscretion and that I will not fall in this area again. If I cannot repent from what is little in the world's eyes, I will not repent from what is big in the Lord's eyes.

*John Kozlowski*



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