

## John Kozlowski

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**From:** John Kozlowski <John@Kozlowski.org>  
**Sent:** Sunday, August 18, 2019 4:46 PM  
**To:** Dorothy-Jane Kozlowski (Outlook); 'Dorothy-Jane Kozlowski'  
**Cc:** Jim Cross (JimCross@LexcomInc.net)  
**Subject:** State continues, as does my reconciliation efforts

Dorothy-Jane,

Since my desire remains reconciliation I want you to be informed about the latest news from the state. A letter arrived yesterday, but I did not see it in the mailbox until today. It was from the Chattanooga office of Child Support Services. They indicated a court appearance is scheduled for Oct 21, 2019.

While last week's contact with the state put the matter to reset for the moment, the more local office has brought it back up. Obviously I am obligated to call. This again puts the amount issue on the table, which may have a ripple effect. The door may also open on the refusal to allow contact from me to our kids.

It was a more difficult week than normal. Obviously the earlier occurrence of the state issue was less than pleasant. Also more severely during about an 8 mile hike on Tuesday, which had a heat index of 100, I ended up with serious leg cramps, probably due to dehydration. It really hurt.

But yesterday I spoke with Alli at Abundant Living, who has become a good friend over the years. We spoke a bit about the muscle cramps and then I went to the juice bar. She then came to me with a bottle of liquid that is formulated to have the missing minerals that a person who does a lot of physical effort and sweats a lot needs. I bought the bottle and took some then. By the time I was well into my next mile, the fifth for the trip, I was doing much better. Overall it seems to have helped in many ways.

She did something similar for me a few months ago. I have been having trouble once I am well into a hike with bending down and even more so getting back up. This was even mentioned in the video I did when we hiked Big Frog Mountain in February. Alli stated that I was depleting the magnesium in me faster than taking it in and recommended I start using a supplement. She knows that I abhor supplements and would rather get it from what I eat, but also continues to give evidence that even good foods are no longer supplying the normal needs. So I bought a bottle and the following hike there was no problem bending down during or after the hike. Once I consumed the bottle, I stopped for a few weeks to see if it was really the cure. The difficulty in bending returned and I now use a magnesium supplement daily.

The point of all of this is that Alli has shown care for me. She also can give good advice because she has a long established history with me. This is an act of love. This is something my wife and I mutually pledged to do for each other all the days of our lives. I still seek this for us both.

In the video I did about our hike up Big Frog Mountain, I mentioned how Chris became concerned that it was getting late and we had not reached the top. Once we passed the area covered in snow, he stated that I was making a beeline for the top. There was a lot of determination in me to make that 11 mile hike, which included a half mile up and then back down. We did it and it was a wonderful joy. My determination to pursue reconciliation with you is the same.

Can you imagine the joy for us both, the joy for our kids, and the marvelous reflection to all of the grace of the Lord if reconciliation were to transpire? As I have pointed out before, the Lord commands it, and I ask for it.

I have nothing to hide from you as I remain in the eyes of the Lord your husband and the man who loves you most. Please open the door to dialog. Please let me tell our kids about the wonderful grace the Lord has shown to me in my life and prepare them to live in a world of institutions that deny Christ. Please allow us both to live what we promised to each other.

Dorothy-Jane, I love you!

This email can be found at: <http://family.kozlowski.org/Email-2019-08-18+1>

## *John Kozlowski*

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*Fear God and keep his commandments, for this is the whole duty of man.*

Ecclesiastes 12:13